

DESIGNING FOR NEURO-INCLUSIVITY

A GUIDE FOR FACILITATORS

ACCESSIBLE ENVIRONMENT



- Offer a Sanctuary Space: designate a quiet zone.
- Consider Sensory Sensitivities: adjust lighting and noise levels.
- Offer noise-canceling headphones.
- Respect Personal Boundaries: avoid unexpected physical contact.
- Remind participants to prioritize self-care.
- Offer a support person that participants can reach out to.

FACILITATING COMMUNICATION



- One person speaks at a time.
- Use talking objects for turn-taking.
- Foster Open Communication: Create a safe space for sharing.
- Encourage active listening.

ENHANCING UNDERSTANDING



- Enhance Understanding with Visual Aids: use diagrams, charts, and slides.
- Provide visuals to complement verbal instructions
- Provide clear agendas and information.
- Offer fidget toys for sensory stimulation.

UNIVERSAL DESIGN



- **Multiple Means of Representation:** Provide learners with various ways to access information and content (e.g., graphics, text, audio, video).
- **Multiple Means of Engagement:** Provide options for how learner can interact with content, offering choices in activities and tasks, and fostering a supportive and inclusive learning environment.
- **Multiple Means of Expression:** Allow learners to demonstrate their understanding and knowledge in various ways (e.g., writing, speaking, creating multimedia presentations).

